CURRICULUM VITAE

Dr. N. INDIRA MDS.,

Public Health Dentist

Seeking for the post: Senior Lecturer

Contact number: 9940952545

E-mail ID: drindiramds19@gmail.com

Address: No. 1/585, Nandhini flats, Block A,

Flat AC, 1st floor, Vaithiyalingam nagar,

Rajaji 5th street, Nanmangalam, Chennai- 600117.

CAREER OBJECTIVE

To commence my career in a renowned organization, actively contributing to its growth while continuously learning and serving.

EDUCATIONAL BACKGROUND

- Post-Graduation (PG): MDS in Public Health Dentistry, Tamil Nadu Government
 Dental College and Hospital, Chennai (2018-2021) 66.7%
- Under Graduation (UG): BDS, Tagore Dental College and Hospital,
 Rathinamangalam, Chennai (2011-2016)- 71.58%
- Higher Secondary (XII): Pattu Matric Higher Secondary School, Kumbakonam
 (2011)- 91%
- SSLC (X): AJC English School and Junior College (CBSE), Kumbakonam (2009)-87.8%

WORK EXPERIENCE

- ✓ Worked as Senior Lecturer in the Department of Public Health Dentistry, Madha Dental College and Hospital (April 2022 to August 2023) for a period of 1year and 4 months.
- ✓ Worked as **General dentist** at a private Dental clinic for **one and a half years** (January 2017- June 2018) in Chennai.

COMPETITIVE EXAMINATIONS

NEET MDS

Appeared in the year : January 2018

All India NEET- MDS Rank: 541

National Programme on Technology Enhanced Learning (NPTEL- NIE ICMR)

Name of the Course : Health Research Fundamentals

Score : **94%**

Position : Elite + Gold

Ranked as top 2% in the NPTEL exam held in March 2019.

Courses

Successfully completed 4-days certified course on "Fundamentals of Biostatistics, Principles of Epidemiology and SPSS" from CMC Vellore (July 01- 04, 2019).

Academic activities

| PG conferences/ Conventions attended | CDE programs/ Workshops attended | Papers/ posters presented | Individual/ team Awards |
|---|--|------------------------------|----------------------------|
| 8 | 61 | 7 | 11 |

RESEARCH ACTIVITIES

| S. No. | Work | Title | |
|--|---|--|--|
| 1 | Dissertation/ Thesis | Assessment of factors (nicotine and sucrose) contributing to usage of a particular brand of commercially available toothpaste/toothpowder- A cross sectional study | |
| 2 | Short term research | Comparison of presence of malocclusion and individual's perception of treatment needs between dental students and general public – A cross sectional study | |
| 3 | Short term research | Barriers for utilization of orthodontic services among Dental students and Outpatients attending tertiary care Public dental hospital in Chennai city- A Cross sectional study. | |
| 4 | Short term research | Awareness of clinical establishment act among undergraduate and postgraduate dental students in Chennai city— A cross sectional study | |
| 5 | Research work guided for UG Interns | r UG Assessment of E-Addiction among undergraduate conege students in Chennai city. A cross sectional survey | |
| Research work for children among urban and rural populations in Ta | | Parental knowledge, attitudes and practices of immunization for children among urban and rural populations in Tamil Nadu - A cross sectional survey (This research work has obtained a research grant of Rs 5000 from IAPHD) | |

RESEARCH PUBLICATIONS

- Indira Nehru, Sujatha Anandan, MB Aswath Narayanan, SG Ramesh Kumar, A Leena Selvamary. Barriers for utilization of orthodontic services among Dental students and Outpatients attending tertiary care Public dental hospital in Chennai city- A Cross sectional study. Journal of Clinical Otorhinolaryngology, Head, and Neck Surgery.2023; 27(1); 1180-1189. (Scopus Indexed)
- 2. Lubna Fathima, V Aravinth, Indira Nehru, I Nanda Balan, V Suvetha, K V Vijila. Effectiveness of auricular acupressure on smokers for tobacco cessation in Chennai city An Interventional study. 2022; 31(4); 752-758. (**Pubmed indexed**)
- 3. Indira Nehru, Nanda balan, Zoha Abdullah, Lubna Fathima, Sunder kote K. Evaluation of Dental student's Knowledge and understanding on ethics in research following seminar presentation using a pre- and post-assessment questionnaire- A cross sectional study. Madha Journal of Clinical and Dental Research. Jan-Dec 2022; 4(1); 45-48.

INDIVIDUAL AWARDS

| S. No. | Event | Title | Category | Award |
|--------|--|---|----------|-------|
| 1 | Comdent-18, 1 st State Level Convention in Public Health Dentistry, Thai Moogambigai Dental College and Hospital, Chennai; August, 2018 | E-Addiction | Poster | II |
| 2 | World Dental Conference, Virtual Meet | Assessment of E-Addiction among Undergraduate Students of Various Colleges in Chennai City- A cross sectional study | Paper | I |

TEAM AWARDS

| S. No. | Event/ Category | Venue | Conducted by | Year | Awards |
|--------|---|--|--|------|--------|
| 1 | Innovative Technology <u>Title</u> E-Dant Seva | DJ College of Dental Sciences and Research, Modi Nagar, Uttar Pradesh | 23 rd IAPHD National Conference | 2018 | III |
| 2 | Mannequin Challenge Title No Hi-Fi, Only Five, An Eco Friendly Toothbrush | DJ College of Dental Sciences and Research, Modi Nagar, Uttar Pradesh | 23 rd IAPHD National Conference | 2018 | II |
| 3 | Short Film Dentistry -Still a Pie in the Sky for Hamlets | DJ College of Dental Sciences and Research, Modi Nagar, Uttar Pradesh | 23 rd IAPHD National Conference | 2018 | III |

| 4 | Street Play On "Plastic Free Environment" | Valluvarkottam | Adyar Cancer Institute | 2019 | II |
|---|--|--|---|------|-----|
| 5 | Mime On "Lifestyle And Cancer" | Valluvarkottam | Adyar Cancer Institute | 2019 | III |
| 6 | Stat-Quiz Quest – 2019 | Ragas Dental College & Hospital | Ragas Dental College & Hospital | 2019 | I |
| 7 | Ad Film Health Promotion Title- Chewy | Ramoji Film City, Hyderabad | IAPHD National Conference | 2019 | I |
| 8 | Pilot 2020 Quiz | Sri Ramachandra Institution of Higher Education & Research | Sri Ramachandra Institution of Higher Education & Research IAPHD-TN Chapter | 2020 | III |
| 9 | Pilot-2021 Quiz | Sri Ramachandra Institution of Higher Education & Research | Sri Ramachandra Institution of Higher Education & Research IAPHD-TN Chapter | 2021 | III |

Participated in Pit & fissure sealant program under National Oral health programme (NOHP) during Postgraduation period. Under this, pit & fissure sealant services were provided for school children at various public schools.

Declaration

I, Dr.N.Indira, hereby declare that the informations given above are true to the best of my knowledge.

I assure that I will do my duties sincerely if given an opportunity.

Thanking you,

Yours faithfully,

Dr. N. Indira